



kinesiscounseling.com
(314) 843-4600 ext. 25
By appointment only.



Are You Feeling...



Lost?

Lonely?

Hopeless?



Nervous?

Ashamed?

Angry?



Resentful?

Doubtful?

*Helping People Move
Toward a Better Tomorrow*

5293 S. Lindbergh Blvd.
St. Louis, MO 63126
(Located in Christ Community Church)



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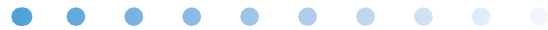
KINESIS is a Greek word which means movement toward actualization. Much of counseling today is characterized by stagnation. At Kinesis we ensure counseling sessions are moving you toward achieving your goals and becoming who you want to be.



STEVE C. MAY
Psychotherapist, MA, MFT,
NCC, LPC, SMFT



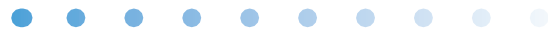
Steve began practicing psychotherapy in 1999 at a community mental health facility overseen by the Department of Mental Health of Missouri; his first clients were predominately impoverished women who had been sexually abused and battered. He is currently a group psychotherapist focusing on clients diagnosed with co-occurring disorders of mental illness and chemical dependency for CenterPointe Hospital Outpatient Clinic. Steve collaborates and counsels individuals, marriages, families, and organizations in designing effective strategies for change. When Steve is not working he spends time with his best friend and wife Donna.



MISSION STATEMENT

Kinesis Counseling is dedicated to providing professional confident

counseling to individuals, families and organizations with the intent and expectation of equipping clients to turn their desire for change into reality.



Make an Appointment Today!

(314) 843-4600 ext. 25



Counseling Services:

Depression

Anxiety

Family Issues

Marriage

Grief and Loss

Divorce Issues

Premarital Counseling Packages

Abuse

Conflict Resolution

Addiction

Men's Issues

Anger Management

Parenting Special Needs Children

***Helping People Move
Toward a Better Tomorrow***



BRIAN BAUER
Therapist, MAC, M.DIV,
PLPC

Brian spent over nine years working in North St. Louis with the homeless and those struggling with drug and alcohol addiction. Currently Brian works as a group therapist for CenterPointe Hospital Outpatient Clinic with clients who struggle with co-occurring disorders of mental illness and chemical dependency. Brian's passion is to help individuals, couples, families and organizations who are in need of guidance through times of transition, change and crisis. Away from work, Brian enjoys long walks with his wife Kathleen and attending his son's high school sporting events. Brian is available for counseling and presentations for a wide variety of topics and venues.